



Full-Time Travel Packing List

Bags:

- Roller Bag or Big Backpack
- Laptop backpack
- Day bag
- Fold-up shopping bags
- Set of packing cubes

Clothes:

- 3 pairs of shorts
- 2 pairs of lightweight long pants
- 1 pair of jeans (not in hot locations)
- 6 t-shirts
- 2 short sleeve button-up shirts
- 1 long sleeve button-up shirt
- 1 sweater or sweatshirt (cold locations)
- 2 pairs of pajamas
- 1 pair of sweatpants or leggings
- 3 bras
- 8 pairs of underwear
- 1 swimsuit
- 1 pair of compression socks
- 5 pairs of short socks
- 3 pairs of warm socks (cold locations)
- 4 cloth face masks

Outerwear:

- 1 fuzzy or puffy jacket (cold locations)
- 1 vest with fun pockets
- 1 light jacket
- 1 rain jacket
- 2 sun hats
- 1 warm hat (cold locations)
- 1 pair of flip flops
- 1 pair of sandals
- 1 pair of walking shoes

Electronics:

- Laptops with power cords
- Laptop cases
- iPhones with power cords
- Google FI phone with power cord
- Apple watch with cord
- 2 pairs of earbuds
- Microphone
- International power adapter
- 2 power banks
- 2 USB flash drives
- 2 portable hard drives

Bathroom:

- Prescription medicines
- Allergy medicines
- Decongestants
- Acetaminophen and Ibuprofen
- Digital thermometer
- Tummy medicines
- Deodorant
- Moisturizer with sunscreen
- Shampoo
- Body soap
- Toothpaste
- Floss
- Electric toothbrush (with extra heads)
- Haircutting scissors
- Cordless electric razor
- Hand sanitizer
- Razor (with extra heads)
- Nail clippers
- Nail file
- Tweezers
- Adhesive Bandages

Kitchen:

- Seasonings
- Small cutting board
- 2 porcelain knives
- Spatula
- Fruit peeler
- Water purifier
- AeroPress coffee maker
- Collapsible coffee cone
- Disinfecting Wipes
- Resealable plastic zipper bags
- Bag clips
- 3 stackable travel mugs
- 3 stackable travel bowls
- 4 sporks
- 2 sets of chopsticks
- Picnic blanket
- 4 cloth napkins

Other Stuff:

- Carabiners
- Rubber zip ties
- 3 notebooks + pens/pencils
- Set of travel towels
- Headlamp
- 2 water bottles
- Inflatable pillow or neck rest
- Clothesline
- Ziplock bags
- Stain remover
- Binoculars
- Tripod
- Money belt
- Passport pouch
- Zipper wallet